

WOMEN'S WAR WORK

By **DORIS MILLIGAN**
The Ladies' Auxiliary to the Irish Fusiliers (V.R.), Group

MY SECRET RECIPES ALREADY MIXED FOR YOU—TENDER PANCAKES DINE TIME WATCH YOUR FAMILY BEAM WHEN THEY SEE GOOD OLD-TIME AUNT JEMIMA ON THE TABLE!

AUNT JEMIMA PANCAKES

DORCAS DANCE
Men of the Mercantile Marine will benefit by the concert the Dorcas Society sponsored recently in the Central Presbyterian Hall. Money for the concert will go to buy comforts for the men. Mrs. G. H. Tyler arranged the program and contributing artists included Mrs. A. Innes, Mrs. J. L. LeTroy, Mrs. E. Tait, Miss Gertrude Brooks, Genevieve O'Connor, Osa Gallagher, Amy Mitchell-Innes, Flora Elliott, Marge Tait, Miss H. Hall, William Walker, Tom Grace, C. McLean, George Kent and Master Tait.

Free! NEW SENSATIONAL BOOK

BUTTERSCOTCH BISCUITS?

It's one of the amazing, delightful secret recipes in this new Recipe Book... "Baking Secrets" created by Mrs. H. M. Allison, Famous Cooking Authority... and issued by the Canada Starch Home Service Department.

Here's a real gold mine of the simplest, most delicious recipes for Hot Breads, Cookies, Biscuits, Meats, Fish and many other types of foods. Write now for this FREE Recipe Book. Send your request with a label from any Canada Starch product to Canada Starch Home Service, Dept. DW, Box 128, Montreal.

For Butter Scotch Biscuits visit us at **CROWN BRAND CORN SYRUP**

THE CANADA STARCH COMPANY LIMITED

It's a week ago Thursday since the Collingwood Red Cross Unit held "Open House" on its regular day for distributing and receiving work, but members are still talking about what a great success it was. It seems that everybody round about was interested, including the clergy of the district, Rev. J. Smith, Collingwood United Church; Rev. Father Kane of St. Mary's and Rev. H. Pearson, of St. John the Divine.

MANY GUESTS
Mrs. Austin Taylor, chairman of Women's Work for the Red Cross in Vancouver and Mrs. Alex Eastwood, vice-chairman were among the

guests at were Mrs. J. D. Dalton, chairman of supplies and Mrs. J. J. Spencer, executive member.

Two groups attached to the Collingwood Unit carried out their regular activities and there was a fine display of finished Red Cross work.

'Japanese Don't Pay Enough Tax'

Japanese in British Columbia get almost all the benefits this province has to offer, yet contribute far less than their share of the costs, Ald. Halford Wilson told members of the Junior-High school of Tracie at their weekly luncheon held Thursday in Hudson's Bay dining room.

"In the community of Richmond, for instance, Japanese contribute a third of the school enrollment, yet only 8 1/2 per cent of cost of this education," Ald. Wilson stated.

Former Clerk Appeals Conviction Again

The second appeal of Daniel Joseph McCarthy Jr. from conviction at the Fall Assizes on two charges, was only 8 1/2 per cent of cost of this education," Ald. Wilson stated.

The appeal, a former clerk in the Vancouver Post Office, is now in the army, stationed at Victoria, but is attending the hearing of his appeal. J. Edward Sears appears for the Crown.

At Queen Mary

NOVEMBER 23, Nov. 15. Ninety members of Queen Mary Junior High heard Mr. Newton, art teacher at Vancouver Normal School, speak last week on Canadian artists.

Open house was held here Wednesday. A general girls' League assembly and daily classes in action were among activities parents say. Tea was served in the library.

Executive of Girls Eight Girls' Guidance Club includes Barbara Standall, president; Cleo Muench, vice-president; Georgina Dimor, secretary; Jessie White, vice secretary.

At Ridgeway

A traffic patrol has been organized at Ridgeway Junior High to keep rollers and loaders out of class rooms and hallways. The boys are on the job before school, recess and noon hour. Tickets are being made and will be given to offenders.

The MacMillan Club held its first amateur hour of the year last week. There was no admission and all students were given an opportunity to compete for prizes.

Charts are to appear on the bulletin boards to indicate inter-class war savings stamp sales.

DISARMING PARADES

LAHORE, India—A new government proclamation says that no person forming part of a procession of 10 or more persons shall carry arms or any article capable of being used as arms.

Guarding City's Health

Contributed by Metropolitan Health Committee of Vancouver

CHILDREN'S TEETH
How many parents understand the time and value of the appearance of the teeth—temporary and permanent? The first permanent molar is the one that suffers most, as it is not recognized as a permanent tooth by many parents. This tooth is the most important as it arrives early and determines the position of the other permanent teeth that follow.

There are only five upper and five lower baby teeth on each side of the middle line. A sixth tooth is the permanent molar and not a baby tooth. It is called the six year molar and arrives at 5 1/2 to 7 years of age.

Many parents expect a child to lose a baby tooth before the sixth molar arrives, but this is not the case.

Generally speaking the temporary teeth should be preserved as long as possible in order to maintain good chewing apparatus until the permanent teeth have arrived. In the event of proper spacing of the permanent teeth, and to prevent infection and decay spreading from a de-

Made with Fresh Vegetables in Season.

AYLMER SOUPS

Send for folder describing the AYLMEER Silverware Offer. Shows the many pieces of genuine Tudor Plate (oneid community) available. You use your AYLMEER Soup Labels as part payment. Write for your free copy to-day.

CANADIAN CANNERS (Western) LTD., Dept. VS. — VANCOUVER, B.C.

a very useful signal that something was wrong. But it is not the kidney is situated in the inner pulp and when severe toothache is felt the destructive floor of the tooth is almost inevitable.

An abscess is formed and from this focus infection may spread to any part of the body, including the kidneys and heart.

DISEASE IN TEETH
Disease of these organs is commonly traced to abscessed teeth. The tooth generally has to be sacrificed to remove the focus of infection and the loss of a tooth is a serious handicap for the remainder of the life.

The mouth is a great breeding ground for disease germs. A clean mouth is an important factor in keeping the whole body healthy and efficient.

Use your dentists to keep your teeth in—not to take them out.



APPLES

Macintosh Reds
Jumble pack 9 lbs. 29c

Fancy Delicious
Sweet and crisp 6 lbs. 25c

GRAPES
California, 3 lbs. 19c

Empjor's, sweet

GRAPEFRUIT
Arizona, large size, full of juice 10 for 25c

ORANGES
Large size, brimming with juice 27c

Sunkist doz. 27c

BANANAS
Firm, golden ripe at Safeway usual everyday low prices.

POTATOES
Local Gem, 100 lb. sack ea. \$1.65

(in Safeway produce shopping bag) 10 lbs. 17c

BAKING SUPPLIES

Peel
Cut mixed, 8oz. package 11c

Peel
Whole, assorted, 8oz. cello pkg. 13c

Almonds
Shelled, 4oz. cello package 13c
8oz. cello package 25c

Walnuts
Select pieces, 8oz. cello package... 15c

Cherries
Glace, 4oz. cello package 10c
8oz. cello package 17c

Citron Peel 2 for 15c

Pineapple Rings 4 for 15c

Green, natural or red.

Tomato Juice 4 for 19c
Sunny Dawn, delicious

Niblets 2 for 19c
Del. Malt, each 14oz. can

Peaches 2 for 23c
Crestle brand, delicious

Plums 2 for 25c
Highway new 16oz. can

Corn 3 for 25c
Royal City golden bixtan

Peas 3 for 25c
Pink 16oz. can

Salmon 3 for 25c
Aylmer, steve 5, 16oz. can

Flour 2 for 35c
Wild Rose Pastry — Don't take chances with your Christmas baking.

Tomatoes 2 lbs. 19c
California field, firm

Sweet Potatoes 4 lbs. 19c
Delicious served candied

Celery 5c
Okanagan, crisp, fresh stalks

Carrots 4 lbs. 9c
Local, crisp, clean

Turnips 10 lbs. 15c
Firm, local

Onions 10 lbs. 22c
Okanagan, cooking, No. 1 small

Lard 3 for 20c
Soft, sterilized, 1 lb. cartons

Spiced Ham ea. 29c
Hormel Spiced Ham

SNAP SUPERFINE POWDER

Superfine Powder is different! One easy sweep and bathings, basins, windows, mirrors made bright and shining. No rubbing — no scrubbing. Snap Superfine Powder cannot scratch the finest surface. Get a tin of your grocer's today.

SNAP SUPERFINE POWDER
CLEANS EASIER! SHINES BRIGHTER! WORKS FASTER!

Rogers' Golden Syrup

Light or dark fruit or made fresh... ea. 25c

Fruit Cake Mixture
For making fruit cake, 1 lb. tin, ea. 27c

Peas
Sugar, Belle, 16oz. can, 2 for 25c

Coffee
Always, delicious and fresh, package, 35c

Flour
Royal City "Canada's Prize Winning Flour" 24-lb. sack, 74c
March 1940, \$1.39
16-lb. sack, \$2.68

Cakes
Light or dark fruit or made fresh... ea. 25c

MEAT DEPARTMENTS

BEEF
Selected Steer and Heifer Beef, guaranteed to satisfy.

Round Shoulder Rst. 11c
Grade A

Prime Rib Roast 16c
Grade A

Sirloin Tip Roast 18c to 20c
Grade A

Thick Rib Roast 12c
Grade A

Ham 18c
Dressed and rolled

Cottage Rolls 23c
Tenderloin

Panics 20c
Sliced and rolled

Bacon 19c
Pure pork

Bacon 12c
Sliced side

Bacon 10c
Arrowhead, sliced

Meat Loaf 10c
Tasty and delicious for sandwiches, etc.

Fillet 14c
Dressed

Cod 15c
Black Alaska, fresh

Porterhouse Roast 22c
Grade A

Boned & Rolled Rst. 17c to 20c
Grade A

Plate or Bracket 7c
Beef, for boiling

VEAL
Selected quality, milk-fed.

Rump Roast 18c
Veal

Leg Roast 16c
Veal, bone in

Shoulder Roast 8c

Round Bone 12c
Roast Veal

Roasted Roast 18c
Veal, boned

Stewing Veal 7c
Various delicious steaks, ribs, etc.

Oysters 16c
Chilled, fresh, 12-pk. cartons

Cottage Cheese 10c

Jam 2 for 27c
Empress pure Strawberry, Raspberry, Blueberry

Jam 44c
Empress pure Strawberry, 16oz. can

Mincemeat 22c
Argord, 2 1/2 lb. can

Soap 4 for 19c
Santal, Laundry, 16oz. bars

Soap 6 for 19c
Santal, Carholated, 4oz. bars

Soap 4 for 24c
Woolly's, Facial, 3 colors, 4oz. bars

BUTTER 3 lbs. 99c
First Grade Alberta Creamery

BREAD
White or brown, unwrapped, fresh loaf
ea. 5c

SAFEGWAY
Saves you Money